Who We Are

About Us—Sheila L. Kalkbrenner is an Artist & Studio Owner, Survivor & Advocate for the prevention of Arachnoiditis. Art assisted her in achieving her physical & vocational rehabilitation goals. She launched this project (March 2014) to share these Creative Wellness discoveries with other Spinal Arachnoiditis Survivors. This is a charitable endeavor of SheilaLynnK Art Studio fiscally sponsored by the New York Foundation for the Arts, a 501(c)(3), tax-exempt organization.

Sheila is a Member of the thewellnessuniverse.com

Phone: 585-593-4161
Email: sheilalynnk@yahoo.com
Web: artforarachnoiditis.org

Find Us On Facebook

To benefit the project, Art by Survivors and other awareness items are sold in the Studio SHOP at sheilalynnkart.com

The Art For Arachnoiditis Project
SheilaLynnK Art Studio
345 South Main Street
Wellsville, NY
www.sheilalynnkart.com

Tax deductible contributions to The Art For Arachnoiditis Project can be made by check payable to: The New York Foundation for the Arts mailed to: SheilaLynnK Art Studio or online at sheilalynnkart.com

THE ART FOR ARACHNOIDITIS PROJECT
Empowering Spinal Arachnoiditis Survivors via Participation in the Arts
artforarachnoiditis.org

Our Principal Sponsors
The New York Foundation for the Arts*
The Allegany Arts Association* Citizen Printing-Allegany, NY* The Early’s in Memory of Claudine Goze-Weber*
OstrichChair.com* The Comfort Family*
The Black-eyed Susan Acoustic Café-Angelica,NY* Ryan Dibble* S&J Barber*
Nikki Lussier* Belinda Knight* Tom Barber*
Louise Carbonneau Vermieren* Pat Vanden Avond* AIM|Hatchfund* The Deckers* Jane Foster* Karen Dickerson* Terri Anderson*
D&S Barber, AND ANONYMOUS CONTRIBUTIONS. SPECIAL APPRECIATION FOR THE WORK OF OUR SURVIVORS, VOLUNTEERS, and The Fountain Arts Center-Belmont, NY during the YEAR 1 Survivors’ Art Exhibit. The Year 2 Exhibit Opens April 30, 2016, Wellsville,NY.

THE OSTRICH COT from ostrichchair.com

Ostrich Chair
The Art For Arachnoiditis Project

MISSION STATEMENT

To empower fellow Spinal Arachnoiditis Survivors via Participation in the Arts as we promote connectivity, healing and coping tools for Living With Arachnoiditis while increasing the scope of Awareness & Prevention.

Arachnoiditis Is A Spinal Cord Injury Caused by the Neurotoxins In Spinal Injections & Invasive Spinal Procedures. More details ➔

A Message From the Arachnoiditis Society for Awareness & Prevention

Arachnoiditis is a spinal cord injury resulting in inflammation in the arachnoid layer of the spinal canal which results in the clumping or sticking of nerve roots inside the spinal fluid. The nerves adhere together resulting in multiple adverse neurological consequences.

Symptoms Include (But not limited to): Muscle Weakness, Muscle Wasting, Spasms, Tension, Immobility, Joint Stiffness, Uncontrollable twitching, Profuse Sweating, Nausea, Chronic Severe Intractable Pain, Difficulty Remembering

Weakness, tingling, numbness in limbs or entire body, Loss of Balance, Severe Shooting Pain (liken to electric shock), feelings of walking on broken glass, sensations such as insects crawling on the legs/arms/neck, Intense burning in the extremities and spine, Neuropathic Pain, Distortion of body size perception (similar to those felt in lips/face w/dental anesthetic), Blurred vision, Severe Positional Headaches, Extreme Sensitivity to: Climate Change, Sound and/or Light, Bladder, bowel and/or sexual dysfunction

Causes Include: Spinal or Epidural Injections (steroids, anesthetics, dyes, blood, other foreign matter), Multiple Lumbar Punctures, Spinal Surgery, Degenerative Disc Disease, Trauma, Infection

Still Standing Frame #6 ~slk

Tools For Living

Life with Arachnoiditis is a daily challenge. At the Art For Arachnoiditis Project we express this process through art as we share the resources which help us cope and improve our quality of life.

Topics Include:

• Healing Art Activities
• Survivors’ Stories
• Art By Survivors
• Pain Management Resources
• Adaptive Devices & Modalities
• Holistic Healing Practices
• Experimental Treatments
• Alternative Medicine
• Research & Discovery
• Behavior Modifications
• Spirituality and Healing
• Awareness Events & Activities

The information provided is NOT intended as medical cure, advice or guidance. Always consult a trustworthy physician.